



# POSITIONAL RELEASE THERAPY INSTITUTE

## Gait Analysis Simplified for the Practicing Clinician

### Sample Agenda

Learning Objectives- By the completion of the course, the student should:	Level
<ul style="list-style-type: none"> <li>Show the ability to conduct a static and dynamic lower quarter gait assessment</li> </ul>	2
<ul style="list-style-type: none"> <li>Articulate at least three differences between normal and pathological gait mechanics</li> </ul>	3
<ul style="list-style-type: none"> <li>List at least three abnormal gait mechanics (e.g., late stance pronation) that may result in somatic lesion loading patterns</li> </ul>	1
<ul style="list-style-type: none"> <li>Verbalize how gait analysis findings and PRT may be integrated into an overall treatment plan for lower quarter somatic dysfunction</li> </ul>	3

### Session Outline (3.0 CEU Live + 1.0 Pre-Lecture Online)

Title of Activity	Schedule	Duration	Content Category	Teaching Strategy
<b>Day One</b>				<b>In Person Activities</b>
Course Overview / Introductions	8:00 am – 8:15 am	15 min.	N/A	N/A
Review online Lecture and Demo	8:15 am – 8:45 am	30 min.	Q&A/ Demonstration (Level 1 & 2)	Lecture / Discussion / Demonstration
Static Examination	8:45 am – 9:30 am	45 min.	Laboratory (Level 1-3)	Lab Application
<i>Break</i>	9:30 am – 9:45 am	15 min.	N/A	N/A
Dynamic Examination	9:45 am – 10:45 am	60 min.	Laboratory (Level 1-3)	Lab Application
Translating Gait Findings into Interventions	10:45 – 11:15 am	60 min.	Laboratory (Level 1-3)	Lab Application
Discussion and Questions	11:15 am – 11:30 am	15 min.		

#### Learning Objective Levels:

**Level 1:** Recall

**Level 2:** Understanding and Reproduction of Material with Assistance

**Level 3:** Application and Demonstration of Material with Minimal Assistance

**Level 4:** Reasoning and Formulation of Strategies to Solve Problems, Demonstration of Multi-Step Process with Assistance

**Level 5:** High Level of Abstract Reasoning, Conclusion Testing and Analysis, High Level of Autonomous Proficiency