

SATURDAY, JUNE 1, 2024 9:00 am - 2:30 pm



SOUTHERN CONNECTICUT STATE UNIVERSITY Health & Human

Aggin & Human Services Building 493 Fitch Street New Haven, CT 06514

Lunch included with registration!



SCHEDULE

9:00 - 9:30 AM • Registration 9:30 - 9:40 AM • Welcome Comments 9:45 - 10:45 AM • Team Building 10:50 - 11:30 AM • Breakout Sessions 1 11:35 - 12:15 PM • Breakout Sessions 2 12:20 - 12:45 PM • Lunch 12:50 - 1:30 PM • Breakout Sessions 3 1:45 - 2:30 PM • Camp Challenge

For questions or more information Please contact the CRPA office at: 860-721-0384 | <u>info@crpa.com</u> <u>www.crpa.com</u>





Anniversary

9:30 AM		REGIS	TRATION: Out	REGISTRATION: Outside (rain location Lobby)	(ydd	
LOCATION:	LOCATION: PELZ GVM 1	ROOM 114	R00M 112B	R00M 112A	LRN111	BIG FIELD (Pelz Gym 2 rain location)
9:30 - 9:40 AM		3	WELCOME COM	COMMENTS: Pelz Gym		
9:45 - 10:45 AM	TEAM	BUILDING (EMPO)	(EMPOWERMENT SE	SESSIONS): Pelz Gym	and/or Big	Pelz Gym and/or Big Field Outside
10:50 - 11:30 AM	Move It, Move It	Creating An Inclusive Camp Experience	Risk Management is No Accident!	Sweet & Sour - Behavior Management	Directors Roundtable	SCSU Tour
11:35 - 12:15 PM	Move It, Move It	Creating An Inclusive Camp Experience	Ending the Silence	Sweet & Sour - Behavior Management	Directors Roundtable	Camp Harmony: Conflict Resolution for Staff & Campers
12:20 - 12:45 PM		3	LUNCH: Lobby (e	Lobby <i>(eat inside or outside)</i>		
12:50 - 1:30 PM		Dive In! Counselor Safety & Expectations Durring Camp Swim	Ending the Silence	Sweet & Sour - Behavior Management		Back to Basics: Games 101
1:45 - 2:30 PM		CAMP	CHALLENGE	/ WRAP-UP: Pelz Gym	Sym	

9:30 - 9:40 am CAMP COLLEGE WELCOME COMMENTS

Presenters: Camp College Committee Members & SCSU Location: Pelz Gym 1

9:45 - 10:45 am TEAMBUILDING EMPOWERMENT SESSIONS

Presenter: Dan Jaskot, Empower Leadership Location: Pelz Gym 1

This presentation will take place during the opening of the 2024 Camp College. This active presentation will include a series of games and activities, led by Empower building, Leadership, focused on relationship collaborative teamwork, and team bonding fun!

BREAKOUT SESSIONS 1: 10:50 - 11:30 AM

Move It. Move It

Presenter: Ashley Wooten, New Britain Parks & Recreation

Location: Pelz Gym 1

Join this fun interactive workshop and take away lots of Location: Pelz Gym 1 great activities to play in or outdoors. Not only are these games fun, but they have built in learning and challenges. Come ready to play!

Creating An Inclusive Camp Experience

Presenter: MaryJo Archambault, SCSU

Location: Room 114

Camp should be a fun and engaging experience for all. However, for some of your campers they may need a little more support. Come to this session to learn some strategies to make your camp more inclusive!

Risk Management is No Accident!

Presenter: Lee deLisle. SCSU Location: Room 112 B

Risk is a natural part of all recreational activities! How you manage risk is critical to the success of your program and the enjoyment of your campers. This session introduces necessary elements in the creation the and implementation of a risk management plan for your health and suicide based on real-life experiences. camp. Participants will share their experience in managing risk for their camps through the identification of risks and the possible solutions for reducing or eliminating these risks.

Sweet & Sour - Behavior Management

Presenter: Molly Freitas. Avon Recreation & Parks Location: Room 112 A

Many counselors find managing their campers' behavior to be one of the most challenging parts of their job. In this session, you will learn the why behind "sour" behaviors, how to handle them, and most importantly... how to prevent them!

Directors Roundtable

Presenter: Lexi Polasek, Southbury Parks & Recreation Location: LRN 111

Join seasoned camp directors as they lead a roundtable discussion on the good, bad, and ugly aspects of camp. This session will provide camp leadership staff (new and old) with a network of colleagues to share ideas with, get feedback from and lean on for resources. Be sure to bring your questions, comments and concerns in order to keep the conversation flowing! Please note this session is geared towards camp leadership staff.

SCSU Tour

Presenter: Joe Milone. SCSU Location: Big Field (rain Pelz Gym 2)

This session will give participants an in-depth look at Southern Connecticut State Universities campus. Guided by parks and recreation SCSU professor Joseph Milone.

BREAKOUT SESSIONS 2: 11:35 - 12:15 PM

Move It. Move It

Presenter: Ashley Wooten, New Britain Parks & Recreation

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Ending the Silence

Presenter: Valerie Lepoutre & Skyler Pruneau & Grace Grinnell. NAMI Connecticut

Location: Room 112 B

NAMI Ending the Silence is an evidence-based mental health education and early intervention program that engages audience members in a discussion about mental Audience members can ask questions and gain understanding of an often-misunderstood topic. Through dialogue, we can help grow the movement to end stigma.

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Directors Roundtable

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Camp Harmony: Conflict Resolution for Staff & Campers

Presenter: Joe Milone, SCSU

Location: Big Field (rain Pelz Gym 2)

resolution skills. Explore effective communication, teambuilding, and strategies tailored for camp settings. Ensure a harmonious and positive environment for campers and staff alike. Elevate your team's ability to navigate conflicts, while fostering a memorable and enriching summer experience.

12:20 - 12:45 pm LUNCH

Location: Lobby (eat inside or outside)

BREAKOUT SESSIONS 3: 12:50 - 1:30 AM

Dive In! Counselor Safety & Expectations During Camp Swim

Presenter: Samantha Charette. East Windsor Parks & Recreation Location: Room 114

Camp swim is one of the highlights of any summer camp program, but it can also be the most high risk! This session will discuss the importance of making sure camp counselors understand that water activities are not just break time and how they can best assist lifeguards on staff to ensure everyone is safe!

Ending the Silence

Presenter: Valerie Lepoutre & Skyler Pruneau & Grace Grinnell, NAMI Connecticut

members in a discussion about mental health and suicide based on real-life experiences. Audience members can ask questions and gain understanding of an often-misunderstood topic. Through dialogue, we can help grow the movement to end stigma.

Sweet & Sour - Behavior Management

Presenter: Molly Freitas, Avon Recreation & Parks Location: Room 112 A

Many counselors find managing their campers' behavior to be Equip your summer camp staff with essential conflict one of the most challenging parts of their job. In this session, you will learn the why behind "sour" behaviors, how to handle them, and most importantly... how to prevent them!

Back to Basics: Games 101

Presenter: Joe Milone, SCSU

Location: Big Field (rain Pelz Gym 2)

Back to Basics is an active hands-on session where participants will learn to lead simple yet engaging games in a safe environment. From trust falls to brain teasers, rediscover the power of collaboration, communication, and cooperation.

1:45-2:30 pm CAMP CHALLENGE/WRAP UP

Location: Pelz Gym 1

The Camp Challenge is a fun and exciting opportunity for camp staff to work together and show the other towns what they're made of! With exhilarating and challenging games, your camp staff will be put to the test as they compete in great teambuilding exercises. The challenges will have a range of components from brainteasers to physical requirements to ensure participation from everyone in the group. Here's your chance to empower your camp staff, show off your camp spirit, and get pumped up about the 2024 Summer Camp Season! Prizes are awarded for first, second, and third place camps!









2024 CAMP College Schedule



Organization:				_ Staff Leader:		
Phone:	Email:					
Address:		City	/:		State:	Zip:
Ou	r town will be arrivir	ng by: 🗆 BUS 🛛 VAN	CAR	Approximate # of I	buses/vehicles:	
ATTEN	DEES	\$15 sessions fee include lunch.	is applicable	to MEMBER REGI	STRANTS ONLY	All registrations
1			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-I	Member (<i>\$18)</i>
2			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-	Member (<i>\$18)</i>
3			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-	Member (<i>\$18)</i>
4			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-	Member (<i>\$18)</i>
5			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-I	Member (<i>\$18)</i>
6			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-I	Member (<i>\$18)</i>
7			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-I	Member (<i>\$18)</i>
8			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-I	Member (<i>\$18)</i>
9			□ Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🗆 Non-I	Member (<i>\$18)</i>
10			Member	(\$15 - <i>\$18 after 5/1</i>	17/24) 🛛 Non-I	Member (<i>\$18)</i>

If more than 10 people will be attending Camp College, please copy this form to list all additional participants

Member _____ x \$15 (\$18 after 5/17/24) = \$_____ Non-Member _____ x \$18 = \$_____ GRAND TOTAL: \$

2024 CAMP CHALLENGE SIGN UP:

What better way to end the Camp College day, than a good old fashioned "Battle of the Camps"?

The Camp Challenge will operate from 1:45pm and run until APPROXIMATELY 2:30 pm. Camps who sign-up will compete in a series of 6 different challenges. Participating camps must have a *minimum of 5 participants* but *no more than 30 per team* (maximum of 18 teams total). For camps who have more than 30 staff interested in participating, a second team can be created but must be balanced (ex. a camp of 40 staff should make two teams of 20). At the end of the Camp Challenge, the top 3 teams will be awarded!

We would like to register for the camp challenge!
 Please complete below:

 I will have ______ staff (min. 5, max. 30)
 If more than 30, I will have _____ staff divided into 2 teams of

U We do not wish to participate in the camp challenge.

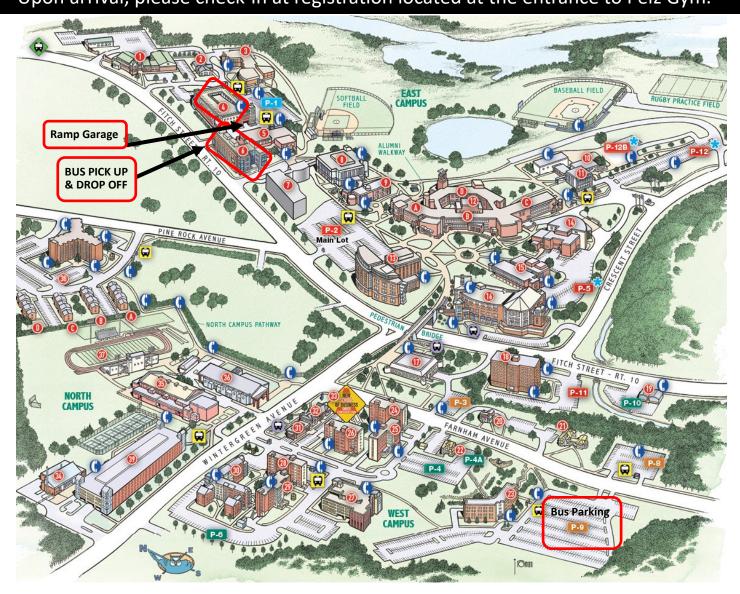
PAYMENT INFORMATION:

Check (payable to: "CRPA," 135 Day St., 2nd Floor, 2H, Newington, CT 06111)

All payments must be received by May 17th. There will be no refunds for cancellations after this date. Registrants that do not show without cancelling prior to this date will be billed the full amount.



All Camp College sessions will be held in the **Health & Human Services Building (#6).** Upon arrival, please check-in at registration located at the entrance to Pelz Gym.



Cars Only: Parking is available at the Finch Street Ramp Garage, #4 above.

For Buses Only:

After dropping off passengers at the Health and Human Services Building (#6 above), the bus should proceed to Lot 9 and park there until the conclusion of the event, at which time the bus can return for pick-up. Lot 9 is off of Farnham Avenue. Proceed South on Finch Street, take a right onto Wintergreen Ave., and then a left onto Farnham Avenue. Proceed down Farnham Avenue for about 300 yards to the entrance for Lot 9, which is located on the right.