

AQUATICS ACADEMY: WSI & LG Leadership



DATE: MAY 22, 2024

LOCATION: Rocky Hill Community Center

55 Church Street, Rocky Hill, CT 06067

TIME: 5:30 - 8:30 PM

REGISTRATION INFORMATION

Aquatics Academy: WSI/LG Leadership is a pre-season training opportunity for your aquatics team (Lifeguards, WSI, Supervisors)! Participants will develop and build critical skills needed to help them achieve success and bring your aquatics department to the next level. All participants will leave with a certificate of completion.

Town/Org: _____ **Contact:** _____

Phone: _____ **Email:** _____

ATTENDEES:

Fee is \$12 pp member dept./\$15 pp non member dept.
If registering more than 10 participants, please use additional forms.

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
TOTAL:	

PAYMENT OPTIONS:

Check (payable to: "CRPA," 135 Day St., 2nd Floor, 2H, Newington, CT 06111) **Invoice** **Credit Card**

PLEASE NOTE: Payment must be received by **5/17/24**

CANCELLATION & REFUND POLICY:

There will be no refunds for cancellations after **5/17/24**. Cancellations must be received in writing via email to info@crpa.com or val@crpa.com. Registrants that do not participate in the meeting without cancelling prior to this date will be billed the **full amount**.

Please contact CRPA with any questions: 860 721 0384 | info@crpa.com | www.crpa.com

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WELCOME REMARKS: 5:30 - 6:00 PM

Introductions from the CRPA Aquatics Section Co-Chairs: Bailey Dailey, Recreation Supervisor for Winding Trails, and Jessica DiBattista, Recreation Supervisor for East Hartford Parks and Recreation.

BREAKOUT SESSIONS: 6:00 - 8:30 PM



Under Surveillance: A Lifeguard's Guide to Proper Recognition

Presented by Samantha Charette & Josh Charette

In an age of over stimulation and a society that has been defined by technology, lifeguards often struggle to stay honed in and focused while on the stand. This session will dive into the key research behind scanning and recognition (including new data from the American Red Cross Lifeguarding r.24 program), in addition to providing strategies for how individuals can ensure they are remaining vigilant and providing effective surveillance at their facilities this summer.



What to Expect as A Swim Instructor

Presented by Sharon Rose & East Hartford Parks & Recreation Staff

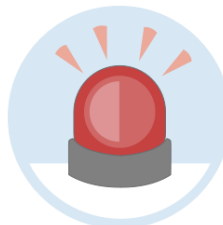
Are you a new Water Safety Instructor, or looking for some great tips for your lessons? Join us for a session on what to expect as a new Swim Instructor. Learn tips about how to deal with the unexpected within a lesson, and how to communicate effectively with parents.



Stories from the Chair: What to Expect as a First Year Lifeguard

Presented by The Winding Trails Leadership Team & Lifeguard Staff

Is this your first year as a lifeguard? Join us for this session, we will talk about what to expect as a first-year lifeguard. This will be a round table session, while learning tips and trick for your first summer. Bring all your questions and learn from experienced lifeguards how to be the best lifeguard you can be!



What De-Escalation Training Can Look Like

Presented by Raelynne Andrews, Aquatics Supervisor for Bristol Parks, Recreation, Youth & Community Services

“De-escalation” has become synonymous with conflict resolution but that’s only made it harder for us to understand the skills, behavior, and training needed for our team to handle increasingly challenging interpersonal interactions. Together we’ll navigate conflict management best practices, restorative and non-violent alternatives to traditional de-escalation, and outline benchmarks for creating mindful agency policies and hands-on training for your team.