



# CRPA Spring Quarterly

Tuesday, April 8, 2025



## SCHEDULE

- 9:30 - 10:00 am: Registration
- 10:00 am - 12:00 pm: Don't Label Me...Support Me: Crisis Planning & Intervention for Camp Mental Health (.2 CEUs)
- 12:00 - 1:00 pm: Lunch
- 1:00 - 3:00 pm: Speed Bumps or Speed Table? (.2 CEUs)

## LOCATION

**Rocky Hill Community Center**  
 55 Church Street  
 Rocky Hill, CT 06067

**SEE PAGE 3 FOR  
 IMPORTANT PARKING INFO**

**LUNCH GENEROUSLY SPONSORED BY: YOUR LOGO COULD BE HERE!**

## REGISTRATION

Town/Org: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

- 1. \_\_\_\_\_ Title: \_\_\_\_\_  Member \$40  Non-Member \$50
- 2. \_\_\_\_\_ Title: \_\_\_\_\_  Member \$40  Non-Member \$50
- 3. \_\_\_\_\_ Title: \_\_\_\_\_  Member \$40  Non-Member \$50

*\*if more than 3 registrants, please use additional forms*

## PAYMENT INFORMATION

Total: \$ \_\_\_\_\_  Invoice  Check  Credit Card (CRPA will email you an invoice which is payable online)

## CANCELLATIONS, REFUNDS, AND LIABILITY

**CANCELLATIONS/REFUNDS:** No refunds will be issued for cancellations made after 3/18/25. Cancellations must be received in writing via email to info@crpa.com or val@crpa.com. Should CRPA cancel the event or the event be canceled due to a government shutdown (force majeure) your choice of either a refund or a credit for the 2025 event will be issued. Please note, all refunds will be issued via check, regardless of initial method of payment.

**LIABILITY:** CRPA, Inc. and the Town of Rocky Hill and their employees and volunteers will not be responsible for any injury, illness, exposure to illness, loss or damage that may occur to the attendee, nor to the attendee's employees from any cause whatsoever, prior, during, or subsequent to the period outlined on this registration. The attendee, on submitting this registration to CRPA, expressly releases and agrees to hold harmless the above-mentioned CRPA, Inc. and the Town of Rocky Hill and their employees and volunteers from any and all claims for such loss, damage, injury, illness, or exposure to illness. Attendee(s) are personally responsible for observing health and safety guidelines and/or laws outlined by the federal, state, and local authorities including but not limited to: wearing face coverings, maintaining social distance, and/or sanitization standards.

Return to: CRPA, 135 Day St., 2nd Floor, 2H, Newington, CT 06111 | Phone: 860.721.0384 | Email: info@crpa.com

## 10:00 am - 12:00 pm: Don't Label Me...Support Me: Crisis Planning & Intervention for Camp Mental Health (.2 CEUs)

Join Logan Gauvin, CPRP, AFO (Rocky Hill Parks & Recreation), Melissa Hicks, LPC, and Kelli Ayala, LMSW (Rocky Hill Human, Youth and Senior Services) for a crucial workshop on crisis planning and intervention in camp settings, focusing on mental health and behavioral challenges. This interactive session will help participants identify common crisis scenarios, develop comprehensive crisis plans (including risk assessment and communication protocols), and implement effective intervention strategies like de-escalation and collaboration with mental health professionals. Through discussions and scenario-based exercises, attendees will gain practical skills to create a safe and supportive environment for all campers and staff. Leave ready to implement a plan in your department!

### About the Speakers:

**Logan Gauvin AFO, CPRP** (Recreation Supervisor, Town of Rocky Hill, CT): Logan has served as the Recreation Supervisor for the Parks & Recreation Department for the past 9 years where he specializes in youth and adult programming, sports leagues, community special events and vacation camps. Camp experience specifically, Logan has Chaired the CRPA Camps Section for about 10 years and remains heavily involved in the camp community where he assists with; state advocacy, professional trainings and networking opportunities with professionals for camps. Logan brings experience from both licensed and non-licensed camp operations in working with a wide variety of ages and abilities in different settings. Logan has an undergraduate degree in Recreation and Leisure Studies with a concentration in Community Recreation and Youth Development from Southern Connecticut State University.

**Melissa Hicks, MS, LPC** (Director of Human, Youth, and Senior Services, Town of Rocky Hill, CT) A Licensed Professional Counselor (LPC), she brings 25 years of experience in the human services field to this role, demonstrating a deep commitment to improving the lives of individuals and families within the community. Melissa is passionate about fostering well-being across all age groups, from youth development and empowerment to supporting seniors in maintaining their independence and quality of life. She oversees a wide range of programs and services designed to address the diverse needs of the community, including mental health support, youth enrichment activities, senior services and resources. Melissa is dedicated to building strong community partnerships and advocating for policies that promote health, resilience, and opportunity for all residents of Rocky Hill. She holds both a Master's Degree in Psychology and Counseling from Troy State University with an undergraduate degree in Occupational Education and Psychology. In their free time, Melissa works with Mazie-Mae, a certified therapy dog who offers emotional support and comfort to residents. Mazie-Mae works alongside Melissa in her office daily.

**Kelli Ayala, LMSW** (Youth Services Specialist, Town of Rocky Hill, CT): Kelli is a Licensed Master Social Worker (LMSW) dedicated to supporting the well-being of youth and families. She utilizes skills in crisis intervention, case management and community outreach to advocate and support the families and youth in town. She is passionate about empowering youth and connecting them with the resources they need to thrive. Kelli has a Master's Degree in Social Work from Fordham University with an undergraduate degree in Psychology.

## 1:00 - 3:00 pm: Speed Bumps or Speed Table? (.2 CEUs)

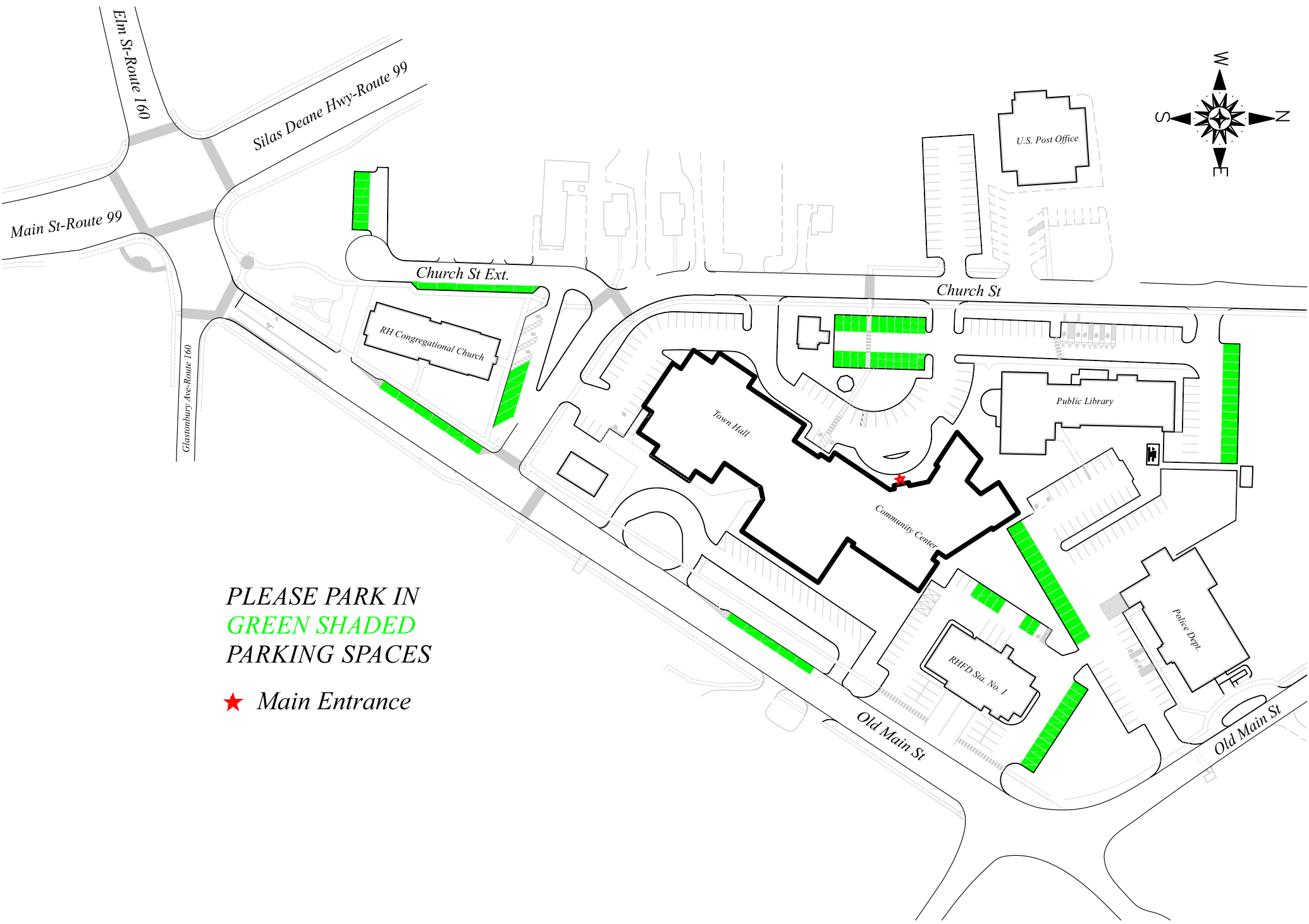
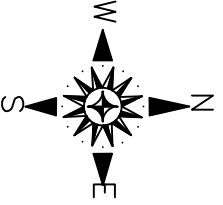
Have you hit some bumps in your professional road lately? **Back by Popular Demand!** Come navigate through hot topics at our speed tables with CRPA colleagues! This afternoon session will be divided into five twenty-minute rounds of conversations spanning over thirteen different topics. There is sure to be an opportunity to gain insight and perspective on the following topics:

- Adult Programming
- After School Programming
- AI/Technology/Software
- Capital Improvement
- Community Engagement/Social Media
- Facility & Equipment Maintenance
- Golf Course Management
- Inclusive/Adaptive Programming
- Innovative Programming
- Park Programming
- Park/Field Maintenance
- Preschool Programming
- Senior/Intergenerational Programming
- Special Events
- Teen Programming
- Youth Sports

Participants should come prepared to ask questions and/or share knowledge from personal experiences... after all, we cannot navigate without people's roadmap to success!

### About the Speakers:

This is a round table discussion moderated by various committee chairs and industry professionals.



*PLEASE PARK IN  
GREEN SHADED  
PARKING SPACES*

*★ Main Entrance*