

# ROOFING AND GUTTERS

By L&L Contracting, LLC

SERVING ALL OF CONNECTICUT

In Business Since 1987

ROOF SNOW REMOVAL

OFFICE: 800-510-2146



Have you checked your roof lately? FREE... Roof Inspection / Analysis  
 Registered... State of CT HIC #0632200 Insured... Workers Comp. & Liability  
 FREE... Estimates Competitive Rates  
 Wind & Storm Damage • Insurance Claims Quality, Quick, Clean Jobs

## 2023 Wellness Tips

- Get 150 minutes of exercise a week.
- Wash your hands frequently.
- Stay up to date with your vaccinations.
- Aim for 7-8 hours a sleep a night.
- Drink more water.
- Fill your plate with fruits & vegetables.
- Stay home if you feel unwell and call a healthcare professional.
- Seek time for selfcare.



www.chesprocott.org



## Ollie's Garage and Auto Body

24 Hour Towing  
 203-537-4297

333 Sand Bank Road • Cheshire, CT 06410  
 olliestowing@yahoo.com



The Difference is in The Details!



Cheri Paulsen

Realtor, New Haven County Specialist  
 Certified Residential Specialist (CRS)

203-605-1644

cheri4homes@gmail.com



**Cda** cheshire dental associates

482 South Main Street • Cheshire, CT 06410

**Dental Care You Can Count ON**  
 Modern dentistry from a kind and friendly team

482 South Main Street • Cheshire, CT 06410  
 203-272-2729  
 frontdesk@smilesofcheshire.com  
 www.cheshiredentalassociates.com

## MABEL'S TABLES @ MICHAELS DELI

55 ELM STREET, CHESHIRE, CT 06410  
 (203) 272-1107  
 WWW.MICHAELSDELICHESHIRE.COM  
 HOURS: MONDAY-SATURDAY 7:30AM UNTIL 2:00PM

SERVING BREAKFAST & LUNCH



CATERING AVAILABLE

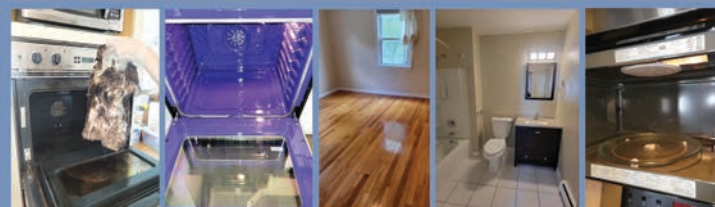
Interested in Advertising? Call 800-524-9055 or email sales@mailamap.com 221209

## Natassia Amazing CT Home Cleaning LLC

### CLEANING SERVICE

Dedicated to your complete satisfaction, which is why we strive to provide the most consistent, dependable, and cost-effective house cleaning services available.

203-772-9409



## Declutter By Lani LLC

- Home Organizing
- Downsizing
- Packing/Unpacking
- Hoarding Clean Out

Declutterbylani.com  
 203-721-0657



## CIPULLY TREE SERVICE

203-648-1037

- 24/7 Emergency Removals
- Arborist/Climber Services
- Crane Removals/Bucket Removals
- Stump Grinding
- State-of-the-art equipment

MILLENNIUM TECHNOLOGY SOLUTIONS

**360° IT**  
 A Higher Degree of Service

**35+ YEARS OF EXPERIENCE**  
 IN ALL ASPECTS OF COMPUTER SERVICES

Managed IT Provider | Data Loss Prevention  
 Proactive Maintenance | Network Integrators | CIO Services

28 Cheshire Road • Prospect, CT 06712  
 www.mcsct.com | 203-758-5647

## CLR Junk Removal

Recycling & Clean-up Professionals

203-306-9199  
 www.clrjunkremoval.com  
 clrjunkremoval@gmail.com

## PLATINUM MORTGAGE SOLUTIONS, INC.

PASSION, INTEGRITY & TRUST

**Joanne Johansen**  
 Mortgage Broker - Owner  
 NMLS 58896

(Cell) 203-589-4677  
 Phone 203-678-4049  
 email: Joanne@pms1.org  
 www.PMS1.org

33 Fair St., Suite 101, Wallingford, CT 06492  
 Licensed in Connecticut and Florida

Residential - FHA - VA - Renovations Loans  
 CONNECTICUT LICENSED MORTGAGE BROKER ONLY, NOT A LENDER OR A CORRESPONDENT MORTGAGE LENDER;  
 Verify our licenses at www.nmlsconsumeraccess.org  
 NMLS #1598108; NMLS# 58896

AMC ENTERPRISES LLC

## AMC METAL WORKS

Ornamental Steel and Custom Fabrication of all sizes.

Share your goals with us and we'll give a free quotation!

We offer Residential and Industrial services, as well as custom work. We can handle everything from the design to install!

For any projects you would like to discuss, feel free to contact us at Sales@amcmetalworks.com or 203-725-4587