

MEAT



USDA Grade A Jumbo Chicken Cutlets
\$1.59 lb.



USDA Choice Back Rump or Bottom Round Roast
\$3.99 lb.

Tom's Famous, Hot or Sweet Italian Sausage **\$3.99** lb.
USDA Grade A Chicken Stir Fry **\$2.99** lb.
USDA Grade A Thin Sliced Chicken Cutlets **\$2.59** lb.
USDA Choice Sirloin Strip Steaks.. **\$9.95** lb.
Shady Brook, 1.3 lb. Pkg. Ground Turkey Breast. **\$5.99** pkg.

Family Pack **WOW!**
Boneless Pork Chops..... **\$2.79** lb.



USDA Boneless Center Cut Pork Roast **\$2.59** lb.
Lean and Tender Pork Tenderloins **\$2.99** lb.
USDA Choice Cube Steak..... **\$4.59** lb.
Quick & Easy Beef Stir Fry..... **\$4.59** lb.
A True Favorite Baby Beef Liver **\$2.99** lb.

PREPARED FOODS



Delicious BBQ Chicken Leg Quarters
\$2.99 lb.




Add Sauce & Cheese Parmesan Pork Cutlets
\$4.99 lb.

Mile High Eggplant Parmesan **\$4.99** lb.
Jumbo Steak & Cheese Burrito..... **\$6.99** ea.
Serve Hot or Cold! Cavatelli and Broccoli Aglio e Olio with Shrimp **\$7.99** lb.
Healthy Sweet Chili Glazed Tofu **\$4.99** lb.
Old Fashioned Tortellini Carbonara **\$5.99** lb.
Healthy **WOW!**
Roasted Mushrooms and Barley..... **\$4.99** lb.


Quick & Easy, Grab n' Go Chicken Gravy Bowls ... **5.99** ea.
With Sundried Tomatoes Chicken Picatta..... **\$6.99** lb.
Light & Refreshing Lemon Orzo Pasta Salad..... **\$4.99** lb.
Tom's Own Fish & Chips **\$7.99** lb.
Tom's Own Market Made Chili **\$6.99** qt.



GROCERY




General Mills 8.9 oz. Original Cheerios
2/\$4



Keebler Town House Crackers
3/\$10

Quaker 18 oz. Old Fashioned Oats **2/\$4**
8 Pack, All Varieties Swiss Miss **2/\$4**
Hot Cocoa..... **2/\$4**
All Varieties Honest Kids Juice Pouches **2/\$7**
All 4 Pk. Varieties Go Go Squeeze Packs.. **2/\$5**
28 oz. Tuttorosso Tomatoes .. **4/\$5**
Locally Roasted **WOW!**
Down East Coffee Bags..... **\$4.99**

All Varieties Success Rice Boil in Bag **2/\$4**
Hidden Valley, 16 oz. Salad Dressing **2/\$6**
All Varieties, Keebler Fudge Cookies..... **2/\$6**
All Varieties McCormick Grinders.. **2/\$4**
3 oz. Ramen Noodles **3/\$1**



PRODUCE



11lb. Strawberries Or 1 Pint Blueberries
\$2.99 ea.



Tender & Thin Asparagus
\$2.99 lb.

Cool & Crisp Iceberg Lettuce **2/\$3**
1 Pint Grape Tomatoes **2/\$4**
Extra Large Lemons **99¢** ea.
Healthy Spaghetti Squash..... **79¢** lb.
Broccoli Crowns..... **\$1.49** lb.
Cara Cara Or Royal Gala Apples **\$1.49** lb.

5 lb. Bag Russet Potatoes..... **2/\$5**
Fresh, Golden Pineapples **\$2.99** ea.
Fresh Gourmet Croutons **\$1.99** ea.
Dolci Frutta Chocolate Dip..... **\$2.99** ea.

WOW!
Granny Smith or Royal Gala Apples **\$1.99** lb.

SAVE \$1.00 lb.
Organically Grown

BAKERY



Muffin of the Week! Cranberry Orange
\$3.99 4 pk.

Tom's Own, Market Made Croutons **\$1.99** pkg.
Fresh Baked Parisienne Bread..... **\$1.99** ea.



12 pack **Mini Corn or Bran Muffins.** **\$3.69** pkg.

DELI



Kretschmar Lo-Sodium Ham
\$4.99 lb.



Boar's Head, Black Forest Smoked Ham
\$6.99 lb.

Beef International Rare & Juicy Roast Beef **\$6.99** lb.
Tom's Own Thanksgiving Style Turkey **\$7.99** lb.
Stella Fresh Sliced Provolone Cheese .. **\$4.99** lb.

Boar's Head Classic Chicken Breast **\$7.99** lb.
Boar's Head Vermont Cheddar Cheese..... **\$6.99** lb.
Deutschmacher Beef Bologna **\$4.99** lb.

WOW!
Boar's Head Hummus..... **\$2.99** ea.



DAIRY/FROZEN



4.5- 5.3 oz. Chobani Yogurt
10/\$10



52 oz. Tropicana Orange Juice
2/\$7

Crystal Farms 8oz. Shredded Cheese.... **2/\$5**
32oz. Coffeeate Creamers **2/\$7**
Pepperidge Farm Garlic Bread **2/\$5**
48 oz. **WOW!**
Friendly's Ice Cream..... **\$2.99**

Pints, Ben & Jerry's Ice Cream **2/\$9**
Pints, Ben & Jerry's Non Dairy Ice Cream.. **2/\$9**
Friendly's Ice Cream Bars, Cones, Sandwiches..... **2/\$7**



SPECIALTY DEPT.



16 oz. Seven Farms Organic Pasta
\$1.49



24 oz. Seven Farms Organic Raw Cane Sugar
\$2.29

14 oz. Seven Farms Organic Pizza Sauce..... **\$1.89**
14.5-15.25 oz. Seven Farms Organic Canned Veggies **\$1.69**
15.5oz. Seven Farms Organic Canned Beans **\$1.39**

28 oz. Seven Farms Organic Canned Tomatoes..... **\$2.79**
32oz. Seven Farms Organic Long Grain Brown Rice **\$3.29**
12oz. Seven Farms Organic Honey Bear **\$3.89**

Great Everyday Pricing on Organics!

SEAFOOD



Sweet & Succulent Filet of Sole
\$7.99 lb.

Fresh From Maine Steamers..... **\$4.99** lb.
Jumbo Shell-On Shrimp .. **\$10.99** lb.
Wild Caught Haddock **\$7.99** lb. **WOW!**

